



Hindi Vidya Prachar Samiti's

HINDI VIDYA PRACHAR SAMITI'S COLLEGE OF LAW

(Affiliated to University of Mumbai & Recognised by Bar Council of India)

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Report: Session on 'Significance of Body Language'

Body language enhances and amplifies the verbal message through gestures, postures and facial expressions. By understanding the effective use nonverbal communication, one can express what one means, connect better with others, and build stronger, more rewarding relationships. The IQAC of HVPS's College of Law organised a session on 'Significance of Body Language' to help students understand that body language can play a major role in Repetition, Contradiction, Substitution, Complementing and Accenting of a verbal message. The session was conducted on 3 May 2022, from 11 a.m. to highlight the impact that body language can have on one's personality.

The students undertook activities where students communicated only through non-verbal cue to elucidate the significance of body language in communication. The lecture was organised with the support of the principal, Dr. Madhura Kalamkar and IQAC coordinator Asst. Prof. Amar Salve The content was designed and delivered by Ms. Asha Selvakumar and Asst. Prof. Tejal Chaudhary was the event coordinator.

Outcome:

The participants understood how everyone uses body language in different ways for communication. However, there are some common cues to interpreting what someone communicates. Even though it can be challenging to read body language, it is an important skill to enhance communication. Thus, while communicating, it is important to understand what someone says verbally and non-verbally.



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